

announced his plans in 1998. Lately, though, Mission Hill has become a symbol of the Okanagan Valley's arrival as a worldclass destination for wine and food.

To anyone making the spectacular lakeside drive to Kelowna from the U.S. border two hours south, the boom is evident. Vineyards seem to be everywhere that pine trees and rock formations aren't. The region has grown from 32 wineries in 1995 to more than 80 now, nearly all of them open to visitors. (Calling ahead is a good idea.) Hotels are springing up, and half a dozen inns or rentable condo compounds — many with vineyard views—have been built or are being planned at wineries.

I've roamed the Okanagan three times in as many years, most recently last October. I ate roulade of chicken breast with popcorn foam, followed by steamed black cod with warm apples, followed by braised rabbit with cinnamon and

nutmeg—and nearly every major ingredient was local. I stayed at a new resort, the Cove, that has vaulted ceilings and flat-screen televisions but remains well priced for U.S. visitors despite the muscularity of the Canadian dollar. I toured Burrowing Owl, an exquisite 11-room inn surrounded by grapevines. And I savored a range of wines—a brisk chenin blanc from Quails' Gate, an earthy pinot noir from Tantalus, and robust merlots from Le Vieux Pin—that far outclassed anything I'd tasted before from the Okanagan.

The region's residents have caught the fever. At the local outpost of Joey's Global Grill, a Vancouver-based chain, two dozen Okanagan Valley wines are featured. I came

office workers enjoying a bottle of local pinot gris. Down valley in Penticton, a quirky Greek restaurant called Theo's offers a choice of more than 100 local wines to pair with its rustic rabbit, lamb shoulder, and even braised calamari.

Okanagan Fall Wine Festival. Held annually in late September or early October, it includes themed wine dinners at most of the region's best restaurants, usually starring a single producer,



ABOVE, wine talk flows easily in Mission Hill's cellar. LEFT, chef Bernard Casavant keeps dishes local at the Sonora Room.

and it attracts crowds—or what pass for crowds—with its welcoming wineries and accessible vintners. A dozen or so visitors were browsing Cedar Creek's gift shop and tasting bar, sampling inspired oddities such as a deliciously crisp white wine made from a local grape called ehrenfelser and talking up food and drink in a way that would have seemed inconceivable even a few years ago.

That night, during an ambitious dinner at Fresco in downtown Kelowna, Quails'

on a Monday at noon, munched a fish taco while sipping a floral Gate wines took center stage. I'd met the talented Rod Butters, \$8 gewürztraminer from Sumac Ridge, and saw a table full of Fresco's chef and owner, when he cooked at the Wickaninnish Inn on Vancouver Island more than a decade ago. Now, between lecturing the room on the science of popcorn foam and putting the last touches on an entrée of braised veal cheek, he rhapsodized about the region. "Chefs are coming now from Whistler I stopped at Cedar Creek winery one afternoon during the and Calgary, and they're coming for a reason," said Butters, who serves as chair and head cheerleader of the Okanagan Chefs Association. "I see it as validation."

Butters noted the arrival of Bernard Casavant as chef at the

Sonora Room in Burrowing Owl's mission-style winery at the far end of the valley. Sure enough, a standout dish of my visit was Casavant's seared halibut with Tofino shrimp, served beside a minerally pinot gris. Burrowing Owl's owner, Jim Wyse, has now decided to keep the restaurant open year-round.

Not far away, I came on a boutique winery taking a similar chance. Le Vieux Pin is located in a cottage that could have been imported from Bordeaux's Pomerol district if the paint weren't quite so fresh. Inside, jazz singer Madeleine Peyroux played on the sound system as proprietor Anthony Burée showed off the 2005s—his first vintage—including two merlots that sell for as much as \$65 a bottle. A 2006 cabernet franc had room-filling aromatics and the thrilling concentration—a silky texture on the tongue—usually found only in wines from warmer regions. I'd never had a better Canadian wine.

Does the world need another \$100 cabernet, which is where Le Vieux Pin seems to be heading? Perhaps not, but von Mandl insists that the Okanagan with just 7,000 acres of vines—gets a lift from such big-cachet wines.

I ate lunch with him on the terrace at Mission Hill. It had been a changeable day—hail had just fallen, causing panic among vineyard managers who weren't done harvesting-but now a sky of cornflower blue had spread over the lake. Each dish chef Michael Allemeier sent out had the composition of a still life and the vibrancy of ingredients that clearly hadn't traveled far—cheeses, for instance, from cows and goats just a few miles away. As we sipped pitch-perfect riesling and looked out on the whitecapped lake below, I realized there was nowhere else I would have wanted to be.

BRUCE SCHOENFELD also writes for the New York Times Magazine, Travel & Leisure, and Tennis.

If you're going . . .

Pick up the Western Canada & Alaska TourBook and the Western States & Provinces map. The Okanagan Fall Wine Festival, held Oct. 2 through 12 this year, is an 11-day harvest celebration with lunches and dinners, vineyard tours, tastings, and other events. For more details, visit owfs .com. Area code is 250 except as noted.

Burrowing Owl Estate Winery and the Sonora Room 100 Burrowing Owl Place, Oliver, (877) 498-0620, bovwine.ca. Cedar Creek Estate Winery 5445 Lakeshore Rd., Kelowna,

> 764-8866, cedarcreek.bc.ca. Fresco Restaurant & Lounge 1560 Water St., Kelowna, 868-8805, frescorestaurant.net. Le Vieux Pin 34070 73rd St., Oliver, 498-8388, levieuxpin.com. Mission Hill Family **Estate and the Terrace 1730 Mission**

> > Hill Rd., Westbank, 768-6448, missionhillwinery.com. Quails' **Gate Estate Winery and Old Vines** Restaurant 3303 Boucherie Rd., Kelowna, 769-2500, quailsgate .com. Theo's Restaurant 687 Main St., Penticton, 492-4019, eatsquid .com. Waterfront Wines Restaurant

& Wine Bar 1180 Sunset Dr., No. 104, Kelowna, 979-1222, waterfrontwines.com.

Best Western Inn From \$129, 2402 Hwy. 97 N., Kelowna, (888) 860-1212, best westerninnkelowna.com. The Cove Lakeside Resort From \$145. 4205 Gellatly Rd., Westbank, (877) 762-2683, cove lakeside.com. Guest House at Burrowing Owl From \$175 (see Eats & Sips). Manteo Resort From \$160. 3762 Lakeshore Rd., Kelowna, 860-1031, manteo.com.



BEYOND THE VINEYARDS

The Okanagan to go

Need a break from two-fisted wining and dining? The Okanagan Valley offers plenty of other pleasures to pursue, both indoors and out. And no matter where you go, lake vistas are all but guaranteed. Area code is 250 except as noted.

front district has six blocks of galleries, theaters, and museums in old warehouses (kelownascultural

district.com). Unearth treasures at Turtle Island Gallery (717-8235, turtleislandgallery.com) and at the Art Ark Gallery (862-5080, theartark,com).

Luxuriate

Indulge in plantbased skin treatments and four types of massage at Heirloom Spa, one amenity of Naramata Heritage Inn & Spa in the village of Naramata (866) 617-1188, naramatainn com

Mission Creek Greenway (469-6232, greenway

.kelowna.bc.ca) follows a stream to Father Pandosy Mission, built in 1859. In Okanagan Mountain Provincial Park (548-0076, env.gov.bc.ca/bc parks), trails crisscross arid hillsides and traverse calm forests of cedar and fir.

Learn

In Osoyoos, at the Desert Centre, stroll a mile-long boardwalk as guides note flora and fauna of Canada's only desert—a tip of the dry Sonoran life zone. which reaches into Mexico. 495-2470, www.desert.org.

for birds along the lakeshore, or picnic on a secluded beach-such as Paul's Tomb. Rent at Lakefront Sports Centre. Kelowna (862-2469, lake frontsports.com) or at Castaways Watersports in Penticton (490-2033, cast awayswatersports.com).

Paddle past Knox

Mountain, watch

Sail

Hire a sailboat from Go with the Wind Cruises (763-5204, gowiththewind .com). Captain Al Cotton will deliver you to secret swimming coves and key spots for wildlife viewing while he spouts local lore.

Friendly beaches are easy to find in Kelowna and in Penticton. For a beachfront dotted with bar-

becue grills and picnic tables, check out Bertram Creek Regional Park, just 7.5 miles south of Kelowna 469-6140, regionaldistrict .com/departments/parks. -ERIN KLENOW

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